



MASHED PEPPERY TURNIPS

INGREDIENTS

- 4 medium turnips (about 1 pound), peeled and cut into 1-1/4-in. pieces
- 1 large potato (about 3/4 pound), peeled and cut into 1-1/4-in. pieces
- 2 tablespoons reduced-fat cream cheese
- 1 tablespoon butter
- 1 tablespoon minced fresh parsley
- 1 teaspoon sea salt
- 1/2 teaspoon garlic powder
- 1/4 teaspoon pepper
- 1/8 teaspoon chili powder
- 1/8 teaspoon ground chipotle pepper



INSTRUCTIONS

1. Place turnips, potato and enough water to cover in a large saucepan; bring to a boil. Reduce heat; cook, uncovered, until tender, 15-20 minutes. Drain; return to pan.
2. Mash vegetables to desired consistency. Stir in remaining ingredients.